

## BEST PRACTICE MODELS

BEST PRACTICE MODELS for Prevention of Mental Disorders

### [3] Indicated Programs

- a) Biological factors
  - i Brain injury
  - ii Chronic illness
  - iii Drug and alcohol abuse
  - iv Psychosexual and gender dysphoria
- b) Psychological factors
- c) Social factors

### **[3 a i ] Biological factors: Brain injury**

#### **Foetal Alcohol Spectrum Disorder**

The Australian Guide to the diagnosis of FASD is available from the Australian Government-funded website [www.fasdhub.org.au](http://www.fasdhub.org.au)

Persons seeking referral information for diagnostic and support services can free-call 1800 860 613 or explore the NOFASD website [www.nofasd.org.au](http://www.nofasd.org.au)

#### **Acquired Brain Injury**

The Fact Sheet by Royal Children's Hospital on Acquired Brain Injury notes that it takes a long time to ascertain the long-term effects of ABI and that treatment needs to be by a multidisciplinary rehabilitation team. More information is available from the Brain Injury website [www.braininjuryaustralia.org.au](http://www.braininjuryaustralia.org.au)

[\[To go to Policies POL3a I close this file and go via Policies Index\]](#)

[\[To go to Project Evidence PE3a I close this file and go via Project Evidence Index\]](#)

Last updated 24 March 2019