

BEST PRACTICE MODELS

BEST PRACTICE MODELS for Prevention of Mental Disorders

[3] Indicated Programs

- a) Biological factors
 - i Brain injury
 - ii Chronic illness
 - iii Drug and alcohol abuse
 - iv Psychosexual and gender dysphoria
- b) Psychological factors
- c) Social factors

[3 a iii] Biological factors: Drug and alcohol abuse

Evidence-based treatment modalities are employed by Turning Point Drug and Alcohol Centre. These include alcohol and other drug counselling, medical treatment, dual diagnosis (substance use and mental health) assessment, and detoxification either out-patient or residential (short live-in) depending on the diagnosis.

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