

BEST PRACTICE MODELS

BEST PRACTICE MODELS for Treatment of Mental Disorders

[4] [Case Identification](#)

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Best practice for a non-specialist Tier One agency worker noticing abnormal developmental features in a child would be to seek permission of the caregiver for a secondary case consultation with a specialist Tier Two consultant who could advise the preferred assessment pathway. The worker would then be in a position to facilitate the engagement of the child and family in the appropriate process. This might be to the family GP for referral to a specialist in private practice or for intake to specialist assessment through the Community Mental Health Service.

Best practice by private practice professionals or by the Community Mental Health Service would involve the assessment and treatment plan described in Project Evidence PE4.

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