

BEST PRACTICE MODELS

BEST PRACTICE MODELS for Continuing Care of Persons with Mental Disorders

[7] Engagement with ongoing care

- a) Community Mental Health Services
- b) Outreach services

[7 b] Outreach services

Tier Three regional services for the four age-specific strata (Aged-Care, Adult, Youth and Child & Family) should include consultancy and service delivered via the Community Health Centres (Tier Two).

- Outreach programs should provide:
 - Community Assessment & Treatment (CATT) Teams
 - Intake/Brief intervention at Community Health Centres & Public Hospital Emergency Depts.
 - Consultancy services to relevant Tier Two and Tier One agencies

Separate teams for each age stratum allow flexible response for cases unable to be seen at centre-based programs, as well as crisis response, but out of normal office hours it is likely that the adult service team would need to cover the emergencies of other strata.

Intake and brief intervention programs at Community Health Centres should be offered on a zero waiting list basis.

Consultancy programs should be offered to Tier Two and Tier One agencies of all four strata.

[\[To go to Policies POL7b close this file and go via Policies Index\]](#)

[\[To go to Project Evidence PE7b close this file and go via Project Evidence Index\]](#)

Last updated 3 January 2019