

## POLICIES

### POLICIES for Prevention of Mental Disorders

#### [1] Universal Programs

- a) Safety, housing, food, welfare
- b) Family functioning, parenting and Pro-social functioning (Human Capital)
- c) Education to potential
- d) Reduction of toxic factors
  - i Biological factors
  - ii Psychological and social factors

### **[1 b ] Family functioning, parenting & pro-social functioning (Human Capital)**

MHYFVic advocates that all Community Health Centres provide regular Parenting programs, such as ‘Triple P’, ‘Tuning in to Kids’ and similar evidence-based programs.

MHYFVic advocates that all Community Health Centres provide family counselling programs.

MHYFVic advocates that all Local Government areas develop Community Centres that provide information services with ready access to necessary support programs (“One-stop-shops”).

MHYFVic advocates that all Local Government areas host Headspace programs and similar programs for younger children and their families.

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