

Workshop on Borderline Personality Disorder

Saturday, 5 November, 2022, 9.00am to 4.30pm

Dr Jo Beatson & Dr Sathya Rao of Spectrum



Mindful, Travancore, 50 Flemington Street, Flemington
An educational collaboration of **MHYFVic** and **Spectrum**

PROGRAM

9.00am Arrive, register, caffeinate

9.30 - 10.30am **What is BPD?**

Causes and commonalities with insecure attachment & Complex PTSD

10.30 - 11.30am **How does BPD present** and how do you gauge its severity?

11.30 - 11.50am Morning tea

11.50 - 12.30pm **What treatments work;** what should I do and what should I not do?

12.30 - 1.15pm Lunch

1.15 - 2.30pm Illustrative **video clips** and discussion of **when to endure** and when and **how to seek help.**

2.30 - 3.00pm Afternoon tea

3.00 - 4.30pm Discussion of difficulties in case management (**Panel**)

EDUCATIONAL OUTCOMES

When the participant leaves, they will:

- have a workable understanding of BPD and how to gauge its severity,
- know what treatments work,
- know what they can do, within the limits of their expertise, and what not to do, and when and how to seek help.

BOOKING DETAILS

Registration fee: \$150

<https://www.trybooking.com/CBPPP>