Mental Health for the Young and their Families: Victorian Group Emerging Minds

The Mental Health Foundation Australia
The RANZCP Faculty of Child and Adolescent Psychiatry
The Centre for Community Child Health, The Royal Children's Hospital, Melbourne
and The Royal Children's Hospital Mental Health Service

THE TWELFTH WINSTON S. RICKARDS MEMORIAL ORATION delivered by Associate Professor Campbell Paul 7.30 pm Monday 27th March 2023

Ian Potter Auditorium, Kenneth Myer Building, 30 Royal Parade, Parkville (next to Dr Dax Cafe) - onsite carpark

Register with \$20.00 payment by 15 March, 2023 thru Try Booking

https://www.trybooking.com/CFNYP
Live audience attendance or Zoom available
(Zoom Link provided with Receipt from Try Booking)

"THE PRIVILEGE OF
THE MENTAL HEALTH
CLINICIAN ENTERING
THE
SERIOUSLY PLAYFUL
WORLD OF THE CHILD
WITHIN THE FAMILY:
A LEGACY OF
WINSTON RICKARDS"



Mental health clinicians are indeed privileged when they are invited into the inner world of the perturbed infant, child, or adolescent. Many evidence-based tools help us structure our engagement, assessment, formulation, and therapeutic interventions with troubled young children, but creative and sometimes challenging play is a most powerful medium. Through the many developmental phases from newly born to youth to old age, the application of concepts such as intersubjectivity or reflective function is crucial to our understanding of mental health perturbations and disorders. A great challenge for those within mental health services is how to develop interventions that can reach with equity the huge number of infants, children and adolescents in need, and equally maintain personal respect for the individual child and family. During his career Winston Rickards facilitated many clinicians in creatively accessing the inner world of the troubled child.

The Annual Oration is given in honour of the wide-ranging and innovative contribution of Dr Winston Rickards (1920-2007) to infant, adolescent, and family mental health in Australia and internationally.